

Leisure Times

Spring 2015



City of Concord Parks & Recreation exists to provide recreation services, parks and facilities that enrich the lives of all residents and promote the opportunity for a healthy lifestyle.

A message from the director...

Providing quality programming and services, a safe, aesthetically pleasing



Bob Dowless

greenway and park system is the commitment we make every day to the families and residents of Concord. We take great pride in providing services that enhance quality of life and we strive to make our community a great place to live.

I hope you have the opportunity to get outdoors and walk the greenway, visit one of our parks, experience one of our special events, visit one of our community centers, and participate in a recreational class or program.

Concord Parks & Recreation takes great pride in the community support we receive and want you to know that we are continually working to earn your support. We welcome your comments, questions or concerns. You can reach our office at 704.920.5600 or email us at recreation@concordnc.gov.

There is no better time to invest in a healthy future than today.

Mayor & City Council

Mayor, J. Scott Padgett

David W. Phillips District 1
Jim Ramseur District 2
Ella Mae Small District 3
Alfred M. Brown, Jr. District 4
W. Lamar Barrier District 5
Jennifer Parsley District 6
John A. Sweat, Jr. District 7

Adult Athletics

Concord Parks and Recreation currently offers three adult sports activities, softball, kickball and basketball. Teams enter the league pre-formed. Seasons consist of 10 regular season games and 1 single elimination tournament game. Contact 704.920.5617 for more information or visit our website at www.concordparksandrec.org.

ADULT SOFTBALL – FALL AND SPRING

Divisions: Men's Open Gold, Men's Blue Division and Women's

Registration: Fall: August 1 – 31

Playing Season: Fall: September – November

Registration: Spring: March 1 – 31

Playing Season: Spring: April – June

Fee: \$375

ADULT CO-ED FLAG FOOTBALL – FALL

Registration: August 1 – 31

Playing Season: September – December

Fee: \$375

BASKETBALL – WINTER

Divisions: Men's Open Gold, Men's Blue Division and Women's

Registration: December 1 – 31

Playing Season: January – March

Fee: \$375

ADULT CO-ED KICKBALL – SPRING

Registration: March 1 – 31

Playing Season: April – June

Fee: \$375

ADULT WOODEN BAT SOFTBALL – SUMMER

Registration: June 1 - 30

Playing Season: July – September

Fee: \$375



TENNIS

Known as "the sport of a lifetime", tennis directly impacts a person's health and quality of life. Tennis is a family-friendly sport, which not only provides a great aerobic workout, but also teaches values such as teamwork, sportsmanship, fair play, and discipline.

Contact Tennis Coordinator, Chad

Oxendine, AMP Tennis, LLC at

704.806.0909 for all your tennis needs. www.amptennis.com.

Athletics

COUCH TO 5K CHALLENGE

Activity # 6016.415

City of Concord Parks & Recreation is taking the wellness program to the next level with the COUCH TO 5K CHALLENGE.



This group training and exercise program is designed to encourage, motivate and challenge the individual to compete with his/her peers. No running experience is necessary. The final goal is to run the Bunny Run 5K on 4/4, (registration fee required).

Days: Tuesday & Thursday

1/27 – 3/31

6:30 p.m.

Registration Fee: \$15

Location: Dorton Park

GOLF

ROCKY RIVER GOLF CLUB AT CONCORD

Register with Rocky River Golf Club: 704.455.1200, ext: 2

WOMEN'S CLINIC

Mondays, 10:00 – 11:00 a.m.

Dates: January 12, 19, 26 & February 2

SHORT GAME CLINIC

Saturdays, 10:00 a.m. – 12:00 noon

Dates: January 17, 24, 31

ADULT & SENIOR CLINIC

Saturdays, 1:00 – 2:00 p.m.

Dates: January 17, 24, 31, & February 7



Fee per clinic: \$150

Women's and Adults Clinics include 4 clinic days and one 45 minute private lesson. Clubs provided. For more information contact the Golf Shop: 704.455.1200, ext: 2

LAKE FISHER

Begin your outdoor adventure today at Lake Fisher Reservoir. Lake Fisher is 3 miles in length and consists of 534 acres. In addition to providing water to the City of Concord, Lake Fisher gives the community an opportunity to enjoy the fun of fishing for the family. The lake supports a healthy sport fishery consisting of largemouth bass, crappie, channel catfish and several panfish species. All fishing at Lake Fisher must be from a boat; we provide the boats for a rental fee, boat motors are allowed but not provided. The acceptable motors are electric trolling motors and no larger than 10 horsepower gas motors. Life jackets and oars are available with boat rental. The lake is operated seasonally from 3/4/15 to 11/8/15.

HOURS OF OPERATION

Monday & Tuesday:

Closed

Wednesday – Saturday:

7:00 a.m. – 3:00 p.m.

Sunday:

1:00 – 6:00 p.m.

BOAT RENTAL FEES (per person)

Adult:

\$10; \$5 City of Concord resident fee

Senior Adult (60 or older):

\$8; \$5 City of Concord resident fee

Youth (12-16):

\$8; \$5 City of Concord resident fee



ROAD RACES

Races will begin and end on Means Avenue (beside the Historic Courthouse) in downtown Concord, run on the McEachern Greenway and the Downtown Connector Greenway.



BUNNY RUN 5K

Activity # 6003.115

Date: Saturday, 4/4

9:30 a.m.

8:00 a.m. Pre-registration

9:00 a.m. Fun Run begins

9:30 a.m. 5K begins

Fee: \$15 Early Registration until 3/27

\$20 Race Day

Awards given to overall male and female and to the top three male and female finishers in each age group: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75 and over.

Call 704.920.5619 for a registration form or download one from our website. Online registration is available at www.concordparksandrec.org

Mark your calendar for the next race:
Streetlight 5K
7/10

Youth Athletics

BASEBALL, BASKETBALL, SOFTBALL & SOCCER

3&4 Instructional Clinic

Designed to introduce players to organized sports. Rules are simplified, team rosters are reduced, and playing season is compacted to allow maximum exposure in a limited time frame. (All games and practices in this division are on Tues and Thurs nights.)

5&6, 7&8 Division

Begins developing fundamentals for each specific sport. Rules are modified to present the optimum playing experience for novice participants. (Practices and games are on week nights or Saturdays.)

9&10 Division

Builds on basic fundamentals of given sport. Rules are slightly modified to present optimum playing experience for participants with limited exposure. (Practices and games are on week nights or Saturdays.)



11-16 Divisions

Designed to promote teamwork, sportsmanship and advance fundamental development. No rule modifications. (Practices and games are on week nights or Saturdays.)

ACTIVITY SCHEDULE:

	Activity	Description	Age Group	Age As Of	Registration Dates	Playing Season
Spring Season	Baseball	T-Ball Co-Ed	3&4	May 1, 2015	January 1-31	March-June
	Baseball	Coach Pitch Co-Ed	5&6	May 1, 2015	January 1-31	March-June
	Baseball	Coach Pitch Boys	7&8	May 1, 2015	January 1-31	March-June
	Baseball	Boys	9&10, 11-13, 14-16	May 1, 2015	January 1-31	March-June
	Softball	Coach Pitch Girls	7&8	January 1, 2015	January 1-31	March-June
	Softball	Girls	9&10, 11-13, 14-16	January 1, 2015	January 1-31	March-June
	Soccer	Instructional Clinic	3&4	August 1, 2015	June 1-30	August-November
	Soccer	Co-Ed	5&6	August 1, 2015	June 1-30	August -November
	Soccer	Co-Ed	7&8, 9&10, 11-13, 14-16	August 1, 2015	June 1-30	August-November
Fall Season	Softball	Coach Pitch Girls	7&8	August 1, 2015	July 1-31	September-November
	Softball	Girls	9&10, 11-13	August 1, 2015	July 1-31	September-November
	Baseball	Coach Pitch Co-Ed	5&6	August 1, 2015	July 1-31	September-November
	Baseball	Coach Pitch Baseball	7&8	August 1, 2015	July 1-31	September-November
	Baseball	Baseball	9&10, 11-13	August 1, 2015	July 1-31	September-November
	Basketball	Instructional Clinic	3&4	August 31, 2015	September 1-30	November-March
	Basketball	Co-Ed League	5&6	August 31, 2015	September 1-30	November-March
	Basketball	Boys & Girls	7&8	August 31, 2015	September 1-30	November-March
	Basketball	Boys	9&10, 11&12, 13&14, 15&16	August 31, 2015	September 1-30	November-March
	Basketball	Girls	9&10, 11&12, 13&14, 15&16	August 31, 2015	September 1-30	November-March

GOALS OF THE PROGRAM:

- To build the child's self esteem
- To teach the skills of the game
- To build good relations among peers (also between parents & children)
- To create a fun atmosphere

PRACTICE AND GAME SCHEDULE:

Practice times established by the coaches according to their schedule and availability of facilities.

REMEMBER:

- Fun is first!
- Your child has the opportunity to play in each game
- Instruction before competition
- No league or individual standings
- No trophies for "Winners Only"
- Trophies and awards not provided

REGISTRATION:

You may register at any of the following locations or on our web site at www.concordparksandrec.org.
Between 8:00 – 5:00 p.m. during open registration periods.

Academy Recreation Center
147 Academy Avenue, Concord
704.920.5601

Hartsell Recreation Center
60 Hartsell School Road, Concord
704.920.5602

Logan Multipurpose Center
184 Booker St. SW Concord
704.920.5603



Coaches and sponsors are needed for all sports!!
Please contact Athletics at 704.920.5600 to discuss opportunities.

Youth Athletics

REGISTRATION FORM:

PLEASE PRINT

Player's Name _____
(Last Name) (First Name) (Middle Name)

Address _____
(Street) (City) (Zip)

Home Phone _____ Work Phone _____

Cell Phone _____ Do you want to receive texts? Yes ☐ No ☐

Email Address _____

Date of Birth _____ Age _____ Male ☐ Female ☐

Please bring copy of birth certificate when registering.

What school does your child attend? _____

Please list any disabilities that need special attention: _____

Registration Fee:

Checks should be made payable to **City of Concord**

- ☐ Instructional Clinics (3-4) \$30.00
☐ City of Concord Resident* (\$30.00 Registration Fee)
☐ Non City Resident (\$50.00 Registration Fee)

Please indicate where you prefer to play:

- ☐ Concord Parks & Recreation Leagues
☐ Southwest Cabarrus Athletic Association
☐ Hartsell Athletic Association
☐ No preference

*City of Concord Resident indicates that applicant resides within the City Limits of Concord.

All applications subject to verification.

Sorry, no refunds can be made after first game is played.

Our programs are dependent upon volunteer coaches. Are you as a parent willing to help coach a team

If needed? Yes ☐ No ☐ Maybe ☐ _____

PARENTAL CONSENT INFORMATION:

Must be signed for applicant to participate.

We/I, the parent(s) or guardian have given permission for _____ to participate in the Youth Athletic Program sponsored by CITY OF CONCORD PARKS AND RECREATION.

As parent or guardian of above participant, I hereby give consent for any emergency treatment as approved by his/her coach or other adult escort, in case of illness or injury while participating in this athletic program. I understand that this is to prevent undue delay and assure prompt treatment and that only a licensed physician will be engaged for such an emergency. Parents will be notified in case of serious illness or injury as quickly as they can be reached, but this will make immediate treatment possible.

Concord Parks and Recreation, its staff, facilities and instructors will not be held responsible for any injury or loss that might occur in the course of this program. Photos may be taken of my child for departmental use. I verify that I have read and fully understand the above information.

Signature of Parent/Guardian

PRINTED Name of Parent/Guardian

Date

Youth Athletics

ACTIVITY:

Please indicate age group within activity:

Basketball

___ Instructional Clinic Co-Ed 3-4
___ Co-Ed 5-6
___ Boys 7-8 ___ Girls 7-8
___ Boys 9-10 ___ Girls 9-10
___ Boys 11-12 ___ Girls 11-12
___ Boys 13-14 ___ Girls 13-14
___ Boys 15-16 ___ Girls 15-16

Spring Baseball/Softball

___ Instructional T-Ball Co-Ed 3-4
___ Coach Pitch Co-Ed 5-6
___ Boys 7-8 (CP) ___ Girls 7-8 (CP)
___ Boys 9-10 ___ Girls 9-10
___ Boys 11-12 ___ Girls 11-12
___ Boys 13-14 ___ Girls 13-14
___ Boys 15-16 ___ Girls 15-16

Soccer

___ Instructional Clinic Co-Ed 3-4
___ Co-Ed 5-6
___ Co-Ed 7-8
___ Co-Ed 9-10
___ Co-Ed 11-12
___ Co-Ed 13-14
___ Co-Ed 15-16

Fall Baseball/Softball

___ Boys 7-8 (CP) ___ Girls 7-8 (CP)
___ Boys 9-10 ___ Girls 9-10
___ Boys 11-12 ___ Girls 11-12
___ Boys 13-14 ___ Girls 13-14

UNIFORM SIZES :

Please check size of one t-shirt and one pair of shorts.

T-Shirts:

☐ Youth X- Small ☐ Youth Small ☐ Youth Medium ☐ Youth Large
☐ Adult Small ☐ Adult Medium ☐ Adult Large ☐ Adult XL ☐ Adult XXL

Shorts:

NA for Baseball

☐ Youth X-Small ☐ Youth Small ☐ Youth Medium ☐ Youth Large
☐ Adult Small ☐ Adult Medium ☐ Adult Large ☐ Adult XL ☐ Adult XXL

SPECIAL REQUESTS:

Please note that all requests can not be honored, but we will attempt to honor your requests if feasible.
The rosters will be locked after the draft is complete. No switching teams after the draft is complete.

REGISTRATION FEE:

Registration fee: \$30.00 for City of Concord Residents; \$50.00 registration fee for all other participants.

Please make all checks payable to: CITY OF CONCORD.

For further information, please call: **704.920.5617** or **704.920.5618**.
Or email: **recreation@concordnc.gov**

For Office Use Only:

Receipt # _____ Cash/Check # _____ Amount \$ _____ Date _____
NOTES:

Youth Athletics

TENNIS 10 & UNDER TENNIS

10 & Under Tennis (formally known as Quick Start Tennis) is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Group lessons for ages 5-10.

Instructor: Chad Oxendine, AMP Tennis, LLC

Day: Saturday, 9:00 – 10:00 a.m.

SESSIONS:

January: 3, 10, 17, 24

February: 7, 14, 21, 28

March: 7, 14, 21, 28

April: 4, 11, 18, 25

Fee per group session: \$25; \$5 city resident discount

Location: Les Myers Park Tennis Courts 1-6

Activity # 6076.415

Activity # 6077.415

Activity # 6078.415

Activity # 6079.115



Contact tennis coordinator, Chad Oxendine, AMP Tennis, LLC at 704.806.0909 for all your tennis needs. www.amptennis.com

YOUTH GOLF

ROCKY RIVER GOLF CLUB AT CONCORD

Register with Rocky River Golf Club: 704.455.1200, ext: 2.

JUNIOR CLINIC

Ages 6-16.

Date: Wednesday, January 14, 21, 28 & February 4
4:30 – 5:30 p.m.

Fee per session: \$95



FAMILY FISHING DERBY

Date: Saturday, 5/2

Register: 3/1 – 4/24

Call 704.920.5600 for an application or register online at www.concordparksandrec.org.

Location: Lake Fisher



SUMMER PLAYGROUND

8 week day camps for ages 6-10 & 11-13.

Days: 6/22 – 8/14

7:30 a.m. – 6:00 p.m.

Fee: \$350 City of Concord resident; \$450 non-city resident fee

\$100 payment due with registration; balance due by 6/5. No refunds after 6/5.

Registration:

RETURNING campers

Walk-in: 1/14 – 1/18, 8:00 a.m. – 5:00 p.m.

Online: 1/14 begins at 8:00 a.m. – **1/18** ends midnight

NEW campers

Walk-in/Online: Begins **2/4, 8:00 a.m. – 5:00 p.m.**
registration open until filled

Coaches and sponsors are needed for all sports!!

Please contact Athletics at 704.920.5600 to discuss opportunities.

Aquatics

ADULT WATER AEROBICS

The cool way to stay fit during the summer. Join instructor Lee Campbell in a fun and invigorating fitness program. Wear Aqua Shoes.

Days: Monday & Wednesday
7:00 – 7:45 p.m.

Activity # 6111.215

Session I: 6/1 – 6/24

Fee: \$28; \$5 city resident discount

Activity # 6112.215

Session II: 7/6 – 8/5

Fee: \$34; \$5 city resident discount

Activity # 6110.215

Both Sessions

Fee: \$50; \$5 city resident discount

GUARDSTART TRAINING

Activity # 2132.215

Ages 11-14. This junior lifeguard class is designed to prepare 11-14 year olds to take the American Red Cross Lifeguard certification program. This program helps participants build the foundation of knowledge, attitudes and skills needed to become responsible lifeguards. Lessons are grouped into five main areas: prevention, fitness, response, leadership and professionalism. Level 5 or higher swimming ability is required.

Days: Monday – Friday, 7/6 – 7/10
9:30 – 11:30 a.m.

Fee: \$40; \$5 city resident discount

SWIM LESSONS

Registration will open 3/23. We use the American Red Cross Learn to Swim program.

PARENT/CHILD LESSONS

Ages 18 months - 2 years. Classes meet for 30 minutes Monday – Thursday for one week. Parents will be in the water with their children. Fee: \$20; \$5 city resident discount

INDIVIDUAL LESSONS

Scheduled on an individual basis, lessons last 30 minutes. For more information or to schedule a lesson contact the pool manager after 6/13 at 704.785.8105.

Fee per class: \$20; \$5 city resident discount

GROUP LESSONS

Ages 3 and up. Lessons are divided from PreSchool through Level 6. More specific information regarding levels are located on our website at www.concordparksandrec.org or by calling Dawn Simpson at 704.920.5617.

Days: Monday – Thursday
6/1 – 8/3;

No classes 6/29 – 7/2

Morning and evening for two weeks per session (except Session I)
Fee: \$40; \$5 city resident discount

PRE-SCHOOL: These classes are for 3 and 4 year olds with little or no experience in the water. If your child has experience in the water he/she may register for the appropriate Level 1 or 2 class.

LEVEL 1: Students with minimal water experience will be asked to put their face in the water and begin to experience floating on their front and back with support. They will also learn alternating arm action.

LEVEL 1 ADVANCE: Students with minimal water experience and comfortable with putting their face in the water. Can float on their front and back with support. Student must be able to display alternation arm action.

LEVEL 2: Students will begin floating on their own and by the completion of the level will be able to swim 5 yards on their front and back.

LEVEL 3: Front crawl, back crawl and elementary backstroke will be introduced and practiced. Students will also learn how to tread in deep water.

LEVEL 4: Deep water swimming at longer distances is practiced. To pass this level the student must be able to swim 25 yards crawl stroke using rotary breathing as well as 25 yards of backstroke.

LEVELS 5 & 6: Upper level classes cater to the experienced swimmer. Breaststroke, sidestroke and butterfly will be learned and endurance will be increased.

This is great preparation for GuardStart or a Lifeguard Class.

PRE SWIM TEAM: Students must have completed Level 6, upper level class focusing on stroke development for swim team. The class will cover entry, turns, breathing and endurance. The instructor will use a coaching format for the class.

PUBLIC SWIM AT MCINNIS AQUATIC CENTER

Swimming is open to the general public. Patrons must purchase a Privilege Pass ID or Season Pass in order to swim. The Aquatic Center will open for Memorial Day weekend, 5/23 – 5/25 and will be open weekends only until 6/13. The pool is open daily from 6/13 – 8/15.

HOURS FOR PUBLIC SWIM

Mon – Thurs: 1:00 – 5:00 p.m.
Friday: 9:00 – 11:00 a.m.
(ADULT SWIM ONLY)

Friday: 12:00 – 6:00 p.m.
Saturday: 12:00 – 6:00 p.m.
Sunday: 1:00 – 5:00 p.m.

Fee: \$10 Individual Privilege Pass (first visit only); \$5 city resident discount
\$30 Family Privilege Pass (first visit only); \$15 city resident discount
Daily Swim fee (each): \$1.50 Youth; \$2.50 Adults

SEASON PASS

\$55.00 Individual Season Pass; \$10 city resident discount
\$100 Family Season Pass; \$25 city resident discount

ADULT LESSONS

Days: Tuesday & Thursday
7:00 – 7:45 p.m.

Activity # 2067.215

Session I: 6/2 – 6/25

Activity # 2068.215

Session II: 7/7 – 8/6

Fee per session: \$40; \$5 city resident discount



Aquatics/Swim Lessons

SESSION 1

Level	Dates	Time	Day	Activity #
PreSchool	6/1 - 6/11	5:45 PM	Mon - Thurs	2009.215
1	6/1 - 6/11	5:45 PM	Mon - Thurs	2011.215
2	6/1 - 6/11	5:45 PM	Mon - Thurs	2003.215
3	6/1 - 6/11	5:45 PM	Mon - Thurs	2004.215
4	6/1 - 6/11	5:45 PM	Mon - Thurs	2005.215
5 & 6	6/1 - 6/11	5:45 PM	Mon - Thurs	2006.215
Aerobics	6/1 - 6/24	7:00 PM	Mon & Wed	6111.215
Adult Lesson	6/2 - 6/25	7:00 PM	Tue & Thurs	2067.215



SESSION 2

Level	Dates	Time	Day	Activity #
Parent/Child	6/15 - 6/18	10:45 AM	Mon - Thurs	2013.215
Parent/Child	6/15 - 6/18	5:45 PM	Mon - Thurs	2016.215
PreSchool	6/15 - 6/25	9:15 AM	Mon - Thurs	2008.215
PreSchool	6/15 - 6/25	11:30 AM	Mon - Thurs	2014.215
1	6/15 - 6/25	9:15 AM	Mon - Thurs	2209.215
1	6/15 - 6/25	10:00 AM	Mon - Thurs	2211.215
1	6/15 - 6/25	5:45 PM	Mon - Thurs	2217.215
1 Advance	6/15 - 6/25	10:00 AM	Mon - Thurs	2018.215
2	6/15 - 6/25	9:00 AM	Mon - Thurs	2023.215
2	6/15 - 6/25	10:00 AM	Mon - Thurs	2024.215
2	6/15 - 6/25	11:00 AM	Mon - Thurs	2028.215
2	6/15 - 6/25	11:00 AM	Mon - Thurs	2029.215
2	6/16 - 6/26	5:45 PM	Mon - Thurs	2033.215
2	6/15 - 6/25	5:45 PM	Mon - Thurs	2034.215
3	6/15 - 6/25	9:00 AM	Mon - Thurs	2019.215
3	6/15 - 6/25	10:00 AM	Mon - Thurs	2025.215
3	6/15 - 6/25	11:00 AM	Mon - Thurs	2030.215
3	6/15 - 6/25	5:45 PM	Mon - Thurs	2035.215
4	6/15 - 6/25	10:00 AM	Mon - Thurs	2026.215
4	6/15 - 6/25	11:00 AM	Mon - Thurs	2032.215
4	6/15 - 6/25	5:45 PM	Mon - Thurs	2036.215
4 & 5	6/15 - 6/25	9:00 AM	Mon - Thurs	2020.215
5 & 6	6/15 - 6/25	10:00 AM	Mon - Thurs	2027.215
5 & 6	6/15 - 6/25	5:45 PM	Mon - Thurs	2037.215
5 & 6	6/15 - 6/25	9:00 AM	Mon - Thurs	2022.215
6	6/15 - 6/25	11:00 AM	Mon - Thurs	2021.215
Pre Swim Team	6/15 - 6/25	8:15 AM	Mon - Thurs	2002.215

SESSION 3

Level	Dates	Time	Day	Activity #
Parent/Child	7/6 - 7/9	10:45 AM	Mon - Thurs	2043.215
PreSchool	7/6 - 7/16	9:15 AM	Mon - Thurs	2038.215
PreSchool	7/6 - 7/16	10:00 AM	Mon - Thurs	2040.215
PreSchool	7/6 - 7/16	11:30 AM	Mon - Thurs	2044.215
PreSchool	7/6 - 7/16	5:45 PM	Mon - Thurs	2046.215
1	7/6 - 7/16	9:15 AM	Mon - Thurs	2039.215
1	7/6 - 7/16	10:00 AM	Mon - Thurs	2041.215
1	7/6 - 7/16	11:30 AM	Mon - Thurs	2045.215
1	7/6 - 7/16	5:45 PM	Mon - Thurs	2047.215
1 Advance	7/6 - 7/16	10:00 AM	Mon - Thurs	2053.215
2	7/6 - 7/16	9:00 AM	Mon - Thurs	2048.215
2	7/6 - 7/16	10:00 AM	Mon - Thurs	2054.215
2	7/6 - 7/16	11:00 AM	Mon - Thurs	2058.215
2	7/6 - 7/16	11:00 AM	Mon - Thurs	2059.215
2	7/6 - 7/16	5:45 PM	Mon - Thurs	2063.215
2	7/6 - 7/16	5:45 PM	Mon - Thurs	2064.215
3	7/6 - 7/16	9:00 AM	Mon - Thurs	2049.215
3	7/6 - 7/16	10:00 AM	Mon - Thurs	2055.215
3	7/6 - 7/16	11:00 AM	Mon - Thurs	2060.215
3	7/6 - 7/16	5:45 PM	Mon - Thurs	2065.215
4	7/6 - 7/16	11:00 AM	Mon - Thurs	2061.215
4	7/6 - 7/16	9:00 AM	Mon - Thurs	2050.215
4	7/6 - 7/16	10:00 AM	Mon - Thurs	2056.215
4	7/6 - 7/16	5:45 PM	Mon - Thurs	2066.215
4 & 5	7/6 - 7/16	11:00 AM	Mon - Thurs	2062.215
5 & 6	7/6 - 7/16	10:00 AM	Mon - Thurs	2267.215
5 & 6	7/6 - 7/16	5:45 PM	Mon - Thurs	2167.215
6	7/6 - 7/16	9:00 AM	Mon - Thurs	2051.215
Guard-Start	7/6 - 7/10	9:30 AM	Mon - Fri	2132.215
Aerobics	7/7 - 8/6	7:00 PM	Mon & Wed	6112.115
Adult Lesson	7/8 - 7/31	7:00 PM	Tue & Thurs	2068.215
Pre Swim Team	7/6 - 7/16	8:15 AM	Mon - Thurs	2001.215

SESSION 4

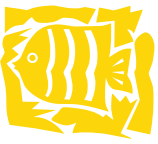
Level	Dates	Time	Day	Activity #
Parent/Child	7/20 - 7/23	10:45 AM	Mon - Thurs	2074.215
Parent/Child	7/20 - 7/23	5:45 PM	Mon - Thurs	2077.215
PreSchool	7/20 - 7/30	9:15 AM	Mon - Thurs	2069.215
1	7/20 - 7/30	9:15 AM	Mon - Thurs	2070.215
1	7/20 - 7/30	10:00 AM	Mon - Thurs	2071.215
1	7/20 - 7/30	11:30 AM	Mon - Thurs	2076.215
1	7/20 - 7/30	5:45 PM	Mon - Thurs	2078.215
1 Advance	7/20 - 7/30	10:00 AM	Mon - Thurs	2072.215
2	7/20 - 7/30	9:00 AM	Mon - Thurs	2079.215
2	7/20 - 7/30	10:00 AM	Mon - Thurs	2084.215
2	7/20 - 7/30	10:00 AM	Mon - Thurs	2085.215
2	7/20 - 7/30	11:00 AM	Mon - Thurs	2089.215
2	7/20 - 7/30	11:00 AM	Mon - Thurs	2090.215
2	7/20 - 7/30	5:45 PM	Mon - Thurs	2094.215
3	7/20 - 7/30	9:00 AM	Mon - Thurs	2080.215
3	7/20 - 7/30	10:00 AM	Mon - Thurs	2086.215
3	7/20 - 7/30	11:00 AM	Mon - Thurs	2091.215
3	7/20 - 7/30	5:45 PM	Mon - Thurs	2096.215
4	7/20 - 7/30	9:00 AM	Mon - Thurs	2081.215
4	7/20 - 7/30	10:00 AM	Mon - Thurs	2087.215
4	7/20 - 7/30	11:00 AM	Mon - Thurs	2093.215
4	7/20 - 7/30	5:45 PM	Mon - Thurs	2097.215
5	7/20 - 7/30	11:00 AM	Mon - Thurs	2092.215
5 & 6	7/20 - 7/30	9:00 AM	Mon - Thurs	2082.215
5 & 6	7/20 - 7/30	5:45 PM	Mon - Thurs	2098.215
Pre Swim Team	7/20 - 7/30	8:15 AM	Mon - Thurs	2000.215

SESSION 5

Level	Dates	Time	Day	Activity #
Parent/Child	8/3 - 8/6	10:45 AM	Mon - Thurs	2104.215
PreSchool	8/3 - 8/13	9:15 AM	Mon - Thurs	2099.215
PreSchool	8/3 - 8/13	10:00 AM	Mon - Thurs	2101.215
PreSchool	8/3 - 8/13	5:45 PM	Mon - Thurs	2107.215
1	8/3 - 8/13	9:15 AM	Mon - Thurs	2100.215
1	8/3 - 8/13	10:00 AM	Mon - Thurs	2102.215
1	8/3 - 8/13	11:30 AM	Mon - Thurs	2106.215
1	8/3 - 8/13	5:45 PM	Mon - Thurs	2108.215
1 Advance	8/3 - 8/13	9:15 AM	Mon - Thurs	2151.215
2	8/3 - 8/13	9:00 AM	Mon - Thurs	2189.215
2	8/3 - 8/13	9:00 AM	Mon - Thurs	2109.215
2	8/3 - 8/13	10:00 AM	Mon - Thurs	2114.215
2	8/3 - 8/13	10:00 AM	Mon - Thurs	2115.215
2	8/3 - 8/13	11:00 AM	Mon - Thurs	2119.215
2	8/3 - 8/13	11:00 AM	Mon - Thurs	2120.215
2	8/3 - 8/13	5:45 PM	Mon - Thurs	2124.215
2	8/3 - 8/13	5:45 PM	Mon - Thurs	2125.215
3	8/3 - 8/13	9:00 AM	Mon - Thurs	2110.215
3	8/3 - 8/13	10:00 AM	Mon - Thurs	2116.215
3	8/3 - 8/13	11:00 AM	Mon - Thurs	2121.215
3	8/3 - 8/13	11:00 AM	Mon - Thurs	2122.215
3	8/3 - 8/13	5:45 PM	Mon - Thurs	2126.215
4	8/3 - 8/13	9:00 AM	Mon - Thurs	2111.215
4	8/3 - 8/13	10:00 AM	Mon - Thurs	2117.215
4	8/3 - 8/13	11:00 AM	Mon - Thurs	2123.215
4	8/3 - 8/13	5:45 PM	Mon - Thurs	2127.215
5 & 6	8/3 - 8/13	9:00 AM	Mon - Thurs	2128.215
5 & 6	8/3 - 8/13	10:00 AM	Mon - Thurs	2118.215
6	8/3 - 8/13	11:00 AM	Mon - Thurs	2140.215
Pre Swim Team	8/3 - 8/13	8:15 AM	Mon - Thurs	2007.215

Youth Art

All classes are instructed by Kelly Price, who has over 20 years of experience teaching children of all ages. Min. 4/Max. 8 participants. All classes meet at the **Academy Recreation Center**.



DRAWING I

Ages 6-10. This class teaches basic to intermediate drawing skills, art techniques and vocabulary. Students are introduced to a new subject matter at each class and learn a variety of art concepts including still life, perspective, portraiture, realism/abstraction, color theory, composition skills, line and patterning.

Day: Thursday, 4:30 – 6:00 p.m.

January Session: 1/8 – 1/29

Activity # 5127.415

February Session: 2/5 – 2/26

Activity # 5128.415

Fee per session: \$35; \$5 city resident discount
PLUS \$15 materials fee per session payable to instructor

DRAWING II

Ages 11-17. Learn intermediate to advanced drawing skills, art techniques and vocabulary. Students are introduced to further subject matter at each class, progressing in a variety of art concepts as introduced in Drawing I. Must have had Drawing I as a prerequisite or instructor's approval.

Day: Thursday, 6:00 – 7:30 p.m.

January Session: 1/8 – 1/29

Activity # 5131.415

February Session: 2/5 – 2/26

Activity # 5132.415

Fee per session: \$35; \$5 city resident discount
PLUS \$15 materials fee per session payable to instructor

TEENS & TWEENS ART PARTY!!

Ages 9-19. Teens & Tweens Art Party classes are designed to help our youth become inspired through creating art. Each student is encouraged to find and nurture their own unique style in their painting. We will create an acrylic painting on canvas in each class so every student can leave with their own original piece of art. Paintings will be completed within the three hour class time. The instructor will provide all required materials for this class. Participants should plan to wear clothing that can get dirty or bring an apron or smock to wear. **REGISTRATION ONLY COVERS ONE CLASS;** however, we encourage all of our participants to register for multiple classes to create multiple pieces of art.

Instructor: Melynda Enslow

FEE: \$35; \$5 city resident discount

Day: Saturday, 12:00 noon – 3:00 p.m.

Location: Fire Station # 7, 250 International Dr. NW

STARRY NIGHT by Vincent Van Gogh

Date: 1/10, Pre-register by 1/5

Activity # 5117.415

Date: 1/24, Pre-register by 1/19

Activity # 5118.415

Date: 2/7, Pre-register by 2/2

Activity # 5119.415

Date: 2/28, Pre-register by 2/23

Activity # 5120.415

MIDNIGHT WOODS with Full Moon Background

Date: 3/14, Pre-register by 3/9

Activity # 5123.415

Date: 3/28, Pre-register by 3/23

Activity # 5124.115

ABSTRACT CREATIONS (Unique/Original Works)

Date: 4/11, Pre-register by 4/6

Activity # 5127.115

Date: 4/25, Pre-register by 4/20

Activity # 5128.115

OCEAN SUNRISE

Date: 5/9, Pre-register by 5/4

Activity # 5131.115

Date: 5/23, Pre-register by 5/18

Activity # 5132.115



Youth Activities

Yoga instructor Dawn Grant will teach your child fun and exciting animated postures through music and games. Classes meet one day a week for 30 minutes per 4 week session at the Academy Recreation Center.

YOGA BEARS

For 3-5 year olds. Have your child feeling happier and confident while encouraging their creative spirit in this 30 minute class. Min. 4/Max. 8 participants. Adult supervision is required.



Day: Tuesday, 9:15 – 9:45 a.m.

Session I: 1/6 – 1/27

Activity # 9122.415

Session II: 2/3 – 2/24

Activity # 9123.415

Session III: 3/3 – 3/24

Activity # 9124.415

Session IV: 3/31 – 4/21

Activity # 9125.115

Session IV: 4/28 – 5/19

Activity # 9126.115

Fee per session: \$15; \$5 city resident discount

BENDY KIDS

For elementary school age children who want physical fitness in a noncompetitive setting. This 30 minute energetic class will teach them to relax and focus while learning about their minds and bodies. All while having fun! Min. 4/Max. 8 participants.



Day: Tuesday, 4:00 – 4:30 p.m.

Session I: 1/6 – 1/27

Activity # 9127.415

Session II: 2/3 – 2/24

Activity # 9128.415

Session III: 3/3 – 3/24

Activity # 9129.415

Session IV: 3/31 – 4/21

Activity # 9130.115

Session IV: 4/28 – 5/19

Activity # 9131.115

Fee per session: \$15; \$5 city resident discount



HABITAT HEROES CLUB

Ages 6-12. We are out of the classroom and into nature! Join your friends in activities where you will encounter different animals, plants and elements we affect every day. Each program will develop the skills and knowledge of protecting our environment through games and practice. We will use

our artistic abilities for crafts to take home. Come prepared for the weather and bring a change of clothes and a snack. Min. 4/Max. 15 participants.

Instructor: Taylor Morris, Recreation Program Specialist

Location: Academy Recreation Center

Time: 9:00 a.m. – 12:00 noon

Date: Monday, 2/16, Pre-register by 2/9

Date: Friday, 3/27, Pre-register by 3/20

Date: Wednesday, 4/1, Pre-register by 3/25

Fee for each program: \$10; \$5 city resident discount

Activity # 9026.415

Activity # 9027.115

Activity # 9028.115



See page 3 for race details.

BUNNY RUN FESTIVAL

Date: Saturday, 4/4

10:00 a.m. – 1:00 p.m.

Celebrate Spring in downtown Concord. Festival held during and after the Bunny Run 5K includes inflatables, arts & crafts, face painting and interactive DJ with games and prizes.

Location: Downtown Concord



Egg Hunts

Egg hunts begin at the times listed. Bring your basket to carry home your eggs!

EGG HUNT AT CALDWELL PARK

362 Georgia St. SW

For ages 2-10

Thursday, 4/2, 4:00 p.m.

EGG HUNT AT HARTSELL PARK

65 Sunderland Road

For ages 2-10

Thursday, 4/2, 2:00 p.m.

HOPPIN' EGG JAMBOREE AT WEBB FIELD

165 Academy Avenue NW

All ages.

Thursday, 4/2, 11:00 a.m.



Recreation Centers

Concord Parks & Recreation has three recreation centers, Academy, Hartsell and Logan that provide a variety of recreational opportunities to the public. Each center offers billiards, foosball, air hockey and free-play in the gymnasium. Weight rooms, available to men and women, are equipped with machines, free weights and cardiovascular equipment. Content/schedule dates may be subject to change. Meeting rooms are available to the public. Fee based on usage.

ACADEMY RECREATION CENTER

147 Academy Avenue NW
Frances Bost, Center Supervisor
704.920.5601

Information for Beverly Hills Park, Academy Park, Les Myers Park, J. W. "Mickey" McGee Park, Harold B. McEachern Greenway and The Village Greenway

DR. SEUSS CELEBRATION

Activity # 1012.115

Ages 5-12, come celebrate the world of Dr. Seuss with fun filled activities. No fee.

Date: Monday, 3/30

Pre-register by 3/25
2:00 – 4:00 p.m.

KITE FLYING FUN

Activity # 1010.115

Ages 5 and up, come and let's go fly a kite and have some fun on a nice windy day. Kites and snacks will be provided. No fee. Staff supervised.

Date: Thursday, 5/7

Pre-register by 5/4
4:00 – 5:30 p.m.

MOTHER'S DAY CARD & FLOWER ACTIVITY

Activity # 1011.115

Ages 5-13, show your mom your love by making her a card and planting her a flower. Snacks provided. No fee. Staff supervised.

Date: Thursday, 5/7

Pre-register by 5/4
4:00 – 5:30 p.m.

3 ON 3 CO-ED BASKETBALL RALLY

Activity # 1017.115

Age groups 9-11, 12-14, 15-17, come and take it to the hoop to see who is the best. No fee. Trophies will be awarded.

Date: Saturday, 5/16

Pre-register by 5/11
1:00 – 4:00 p.m.

HARTSELL RECREATION CENTER

60 Hartsell School Road
Martha Hagood, Center Supervisor
704.920.5602

Information for Hartsell Park and James L. Dorton Park

CHILL OUT AT HARTSELL

Youth and teens, chill out with games, movies or just talk it up with friends. Madden Tournament and bingo with prizes included. Snacks and lunch provided.

Date: Monday, 2/16

10:30 a.m. – 3:00 p.m.

BILL'S END OF SCHOOL COOKOUT

Ages 6 -17. Oh, yeah! It's the end of the school year and it's time to celebrate! What a better way than to enjoy Bill's grilled hot dogs and hamburgers. Food and Fun! No fee.

Date: Wednesday, 6/10

5:00-8:00 p.m.



WALKING CLASS

Self-instructed class offers fat burning, muscle conditioning and stretching. Class will not meet on holidays or election day. No fee.

MORNING class: Continual

Days: Mon, Wed & Fri

9:15 – 10:20 a.m.

EVENING class: Continual

Days: Mon, Tue & Wed

4:00 – 5:00 p.m.



RECREATION CENTERS HOURS OF OPERATION

Monday-Friday: 8:00 a.m. – 8:00 p.m. | **Saturday:** 12:00 noon – 5:00 p.m. | **Sunday:** CLOSED

Holidays: 12:00 noon – 6:00 p.m. | **CLOSED:** Thanksgiving & Christmas

Recreation Centers

BALLET

Ages 3 and up. Students will learn ballet principles, body position, carriage and posture through movement using a variety of music.

Instructor: Tuwanna McNeely

Days: Tuesday & Thursday

7:00 – 7:30 p.m.

Session I: Activity # 1046.415

1/6 – 1/29

Session II: Activity # 1047.415

2/3 – 2/26

Session III: Activity # 1048.415

3/3 – 3/26

Session IV: Activity # 1049.115

4/7 – 4/30

Session V: Activity # 1050.115

5/5 – 5/28

Fee per session: \$25; \$5 city resident discount

HARTSELL KARATE CLUB

Ages 3 and up. Learn to kick, block, punch and strike.

Instructor: James Reid

Days: Monday, Wednesday & Friday

6:30 – 8:00 p.m.

Session I: Activity # 1034.415

1/5 – 1/30, no class 1/19

Session II: Activity # 1035.415

2/2 – 2/27

Session III: Activity # 1036.415

3/2 – 3/25

Session IV: Activity # 1037.115

4/6 – 5/1

Session V: Activity # 1026.114

5/4 – 5/20, no class 5/25

Fee per session: \$25; \$5 city resident discount



LOGAN MULTI-PURPOSE CENTER

184 Booker Street SW
Rodney Smith, Center Supervisor
704.920.5603

Information for Caldwell Park and W. W. Flowe Park

COLORING DAY

Activity # 1051.415

Ages 4-15, come out and be creative with crayons whether it's drawing a picture and coloring it or use our coloring sheets to color. No fee. Staff supervised.

Dates: Monday, 1/5 – 5/18

4:00 p.m.

MAKE A HEART DAY

Activity # 1004.415

For youth 4-15 come out and make that special person a Valentine's Day Card. Light refreshments. No fee. Staff supervised.

Dates: Thurs & Fri, 2/12 & 2/13

1:00 p.m.

CREATE AN EASTER BUNNY

Activity # 1071.415

Youth ages 4-13 come out and be creative making Easter bunnies. Light refreshments. No fee. Staff supervised.

Dates: Wed & Thurs, 4/1 & 4/2

3:00 – 4:30 p.m.

MOTHER'S DAY CARD

MAKING

Activity # 1044.415

For youth ages 5-15 come out and make that special mother a Mother's Day card. Light refreshments. No fee. Staff supervised.

Dates: Thurs & Fri, 5/7 & 5/8

4:00 p.m.

WALKING PROGRAM

Activity # 1053.415

Men and women ages 18 & up are invited to join us for light walking exercise that will burn fat, get you in shape and conditioned. No fee. Staff supervised.

Days: Monday – Friday, Continual

9:30 – 10:30 a.m.

SOUTHWEST KARATE ACADEMY

Age 4 and up. Youth will learn how to defend themselves, gain confidence and get in shape. No fee. Contact Tony Moody at 704.701.1346 for additional information.

Days: Tuesday & Thursday, Continual

5:30 p.m. – Ages 4 & 5

6:00 p.m. – Ages 6-10

7:00 p.m. – Ages 11 and up

GAME OF 200

Activity # 1006.415

Youth ages 9-18 get a chance to play the game of 200. Rules will be given at the time of the event.

Dates: Last Friday of January – May

1/30, 2/27, 3/27, 4/24, 5/29

3:30 p.m.

BEAT THE CLOCK SHOOT OUT

Activity # 1007.415

Ages 9-16. Come out to see how many points you can make with a 45 second running clock.

Date: Monday, 2/16

2:00 p.m.

JUMP ROPE DAYS!

Activity # 1072.415

Youth girls ages 7-13 who like jumping rope for fun. Come and learn different games and rhymes with the jump rope.

Dates: Every Wednesday, 1/7 – 5/27

4:00 p.m.

YOUTH BINGO DAYS

Activity # 1009.415

Youth ages 5-13 come out and try your luck at playing Bingo. Prizes will be given away.

Dates: Wednesdays, 3/30 & 4/6

1:00 p.m.

SCHOOL'S OUT CRAFT DAYS

Activity # 1070.415

Youth ages 5-9 come out to make a wonderful simple craft on days when school is out. Light refreshments.

Dates: 1/20, 2/16, 3/31

Pre-register by 1/16

12:30 p.m.

Fee: \$2



Adult Art

Due to purchasing of supplies and instructors preparation time, pre-registration is required for all arts & crafts classes.



Colored Pencils, Watercolor Pencils & Fabric Painting

Instructed by Linda Long,
member of National
Society of Decorative
Painters (NSDP) and
Tarheel Decorative
Painters. Please contact
Linda at 704.938.1420
for information about the

medium as well as a materials list prior to the class.

Day: Wednesday, 9:00 a.m. - 2:00 p.m.

Fee: \$25; \$5 city resident discount

Plus \$12 materials fee paid to instructor.

Location: Academy Recreation Center

COLORED PENCILS

Learn the basic techniques of colored pencil drawing.

Min. 6/Max. 15 participants.

Date: 1/28, Pre-register by 1/21

Activity # 5005.415

Date: 4/29, Pre-register by 4/22

Activity # 5006.115

Date: 5/27, Pre-register by 5/20

Activity # 5007.115

WATERCOLOR PENCILS

Activity # 5008.415

Learn the basic techniques of
watercolor pencils.

Min. 6/Max. 15 participants.

Date: 2/25, Pre-register by 2/18



FABRIC PAINTING

Activity # 5009.115

Learn the basics for fabric painting.

Min. 6/Max 15 participants.

Date: 3/25, Pre-register by 3/18



QUILTING

Enjoy creating a lifetime
keepsake. Open to beginner
and intermediate quilters. For a
materials list call 704.920.5603.



DAY Class

Instructor: Carolyn Sweet

Date: Tuesday, 9:00 a.m. - 12:00 p.m.

Session I: 2/10 - 3/31

Activity # 5019.415

Session II: 4/14 - 6/2

Activity # 5019.115

Location: Logan Multi-Purpose Center

Fee per 8 week session: \$40; \$5 city resident discount

EVENING Class

This class is self-instructed

Date: Thursday, 7:00 - 9:00 p.m.

Session I: 12/4 - 2/5

Activity # 5024.314

NO Class 12/25 & 1/1

Session II: 2/12 - 4/2

Activity # 5023.415

Session III: 4/9 - 5/28

Activity # 5023.115

Location: Fire Station #7,

250 International Drive NW

Fee per 8 week session: \$30; \$5 city resident discount

ADULT ART PARTY!!

Ages 18 & up. Adult Art Party classes are designed to inspire our participants through creating art. Each participant is encouraged to find and nurture their own unique style in their painting. We will create an acrylic painting on canvas in each class so every participant can leave with their own original piece of art. Paintings will be completed within the three hour class time. The instructor will provide all required materials for this class. Participants should plan to wear clothing that can get dirty or bring an apron or smock to wear. Registration only covers one class; however, we encourage all of our participants to register for multiple classes to create multiple pieces of art.

Instructor: Melynda Enslow

Day: Saturday, 5:00 - 8:00 p.m.

FEE: \$35; \$5 city resident discount

Location: Fire Station # 7, 250 International Dr. NW

STARRY NIGHT by Vincent Van Gogh

Date: 1/10, Pre-register by 1/5

Activity # 5113.415

Date: 1/24, Pre-register by 1/19

Activity # 5114.415

Date: 2/7, Pre-register by 2/2

Activity # 5115.415

Date: 2/28, Pre-register by 2/23

Activity # 5116.415

MIDNIGHT WOODS with Full Moon Background

Date: 3/14, Pre-register by 3/9

Activity # 5121.415

Date: 3/28, Pre-register by 3/23

Activity # 5122.115

ABSTRACT CREATIONS (Unique/Original Works)

Date: 4/11, Pre-register by 4/6

Activity # 5125.115

Date: 4/25, Pre-register by 4/20

Activity # 5126.115

OCEAN SUNRISE

Date: 5/9, Pre-register by 5/4

Activity # 5129.115

Date: 5/23, Pre-register by 5/18

Activity # 5130.115

Trips

Enjoy traveling and leave the driving to us! All trips depart from "The Village" located across from First Assembly on 280 Concord Parkway South in Concord, 28027. Please park in the parking lot north of Big Lots, across from Arby's. Plan to arrive 30 minutes before departure for trips. Pre-registration is required.

UPTOWN SITES & SOUNDS



Activity # 7008.415

Embracing a story and score written long ago, we will visit the Blumenthal Performing Arts Center for a live rehearsal of *Don Quixote* performed by the Charlotte Symphony Orchestra. After the performance we will venture to a unique uptown lunch. After lunch we will stretch our legs as we explore one of uptown's grandest museums for works of art that are world renowned.

Bus Departs: 8:30 a.m.; Returns: 3:00 – 3:30 p.m.

Date: Friday, 1/16

Fee: \$40 plus cost of meal (\$11.95 plus tax)



SHATLEY SPRINGS

Activity # 7011.115

Come join us for a day at Shatley Springs Inn. Families and tour groups alike find the country atmosphere relaxing and reminiscent of times past. After eating a family style meal, many guests visit the gift shops or take a walk around the lake. Other sit and rest a spell in the rocking chairs on the porch. Come and see for yourself the best kept secret in northwestern North Carolina.

Bus Departs: 7:45 a.m.; Returns: 6:00 – 6:30 p.m.

Date: Friday, 4/17

Fee: \$22 plus cost of meal (cash only)

*The bus will be departing and returning to the Logan Multi-Purpose Center, 184 Booker Drive NW



DOZENS DOWNTOWN

Activity # 7009.415

Join the "dozens" on an intimate adventure of our downtown. Concord downtown promises a unique and inviting day of entertainment, food and cultural experiences. The attractions downtown aspire to the romantic and adventuresome. Participants will be divided into groups of 12, touring and engaging a few of the many downtown treasures.

Bus Departs: 9:30 a.m.; Returns: 4:00 p.m.

Date: Thursday, 2/12

Fee: \$40 includes cost of meal



A SPRING SURPRISE

Activity # 7010.115

SURPRISE!! Save your guesses and save your worries, this trip is sure to be enjoyed by all. This interactive trip will keep us on the move; visiting locations and witnessing the transformations of some of the nation's greatest

visionaries. Lunches are on your own and wear your walking shoes.

Bus Departs: 8:15; Returns: 5:30 – 6:00 p.m.

Day: Thursday, 4/23

Fee: \$25 plus cost of meal



Adult Fitness Classes

A variety of fitness classes are offered. Many of our instructors hold nationally recognized certifications and all have significant training and experience. Minimum of eight participants per class.



Michelle Colombero

Michelle has taught for 14 years. She is certified in: Phase III Mat Pilates, Phase II Yoga, Older Adults, Mind Body Personal Training, Weight Management Consultant and Phase II Master Personal Trainer.

PERSONAL TRAINING

Activity # 4031.415

Master Personal trainer Michelle Colombero will design a 1 hour fitness program that will help you get motivated and feel great! Your session will include strength training for your upper and lower body, a cardiovascular component, nutritional consultation and flexibility exercises. A medical clearance from your physician is required for those over 40 years of age.

Fee: \$40 per 1 hour session; \$5 city resident discount.

Location: Academy Recreation Center

PILATES

Improve your core strength, flexibility and balance while building strength without bulk. The workout incorporates bands, weights and fitness balls as well as combining yoga techniques. Max. 20 participants.

Day: Wednesday 7:00 – 8:00 p.m.

Session I: 1/7 – 2/11

Activity # 4050.415

Session II: 2/18 – 3/25

Activity # 4051.415

Session III: 4/1 – 5/6

Activity # 4052.115

Fee per 6 week session: \$25; \$5 city resident discount.

Location: Academy Recreation Center

SATURDAY YOGA

Enjoy the asanas (postures), breathing and stretching that will help you feel flexible and relaxed. Closing with Savasana and Meditation. Wear comfortable clothes. Max. 20 participants.

Day: Saturday, 9:00 – 10:00 a.m.

Session I: 12/20 – 1/31

Activity # 4065.415

NO Class 12/27

Session II: 2/7 – 3/14

Activity # 4066.415

Session III: 3/21 – 4/25

Activity # 4067.115

Fee per 6 week session: \$25; \$5 city resident discount

Location: Academy Recreation Center

Dawn Grant

Dawn has been teaching group fitness since 2010. She holds National Aquatic Certification and certifications in Sports Conditioning and Kick Up Your Cardio Combos training in Subtle Yoga, Vinyasa Yoga and Immersion, Prenatal Yoga and many other specialized trainings.

CHAIR YOGA

Designed for those with limitations. We will work on stretching and strengthening of the body for more flexibility and pain management.

Day: Tuesday, 10:30 – 11:30 a.m.

Session I: 1/6 – 2/10

Activity # 4033.415

Session II: 2/17 – 3/24

Activity # 4034.415

Session III: 3/31 – 5/5

Activity # 4035.115

Session IV: 5/12 – 6/16

Activity # 4036.115

Fee per 6 week session: \$20; \$5 city resident discount

Location: Academy Recreation Center

GENTLE YOGA

Basic Gentle Yoga to center the body and the mind with an emphasis on meditation. Wear comfortable clothes and bring a blanket for comfort.

Day: Tuesday, 12:00 noon – 1:30 p.m.

Session I: 1/6 – 2/10

Activity # 4037.415

Session II: 2/17 – 3/24

Activity # 4038.415

Session III: 3/31 – 5/5

Activity # 4039.115

Session IV: 5/12 – 6/16

Activity # 4040.115

Fee per 6 week session: \$28; \$5 city resident discount

Location: Academy Recreation Center

Day: Thursday, 12:00 noon – 1:30 p.m.

Session I: 1/8 – 2/12

Activity # 4041.415

Session II: 2/19 – 3/26

Activity # 4042.415

Session III: 4/2 – 5/7

Activity # 4043.115

Session IV: 5/14 – 6/18

Activity # 4044.115

Fee per 6 week session: \$28; \$5 city resident discount

Location: Academy Recreation Center

HARMONY YOGA

This yoga class brings the body and mind into harmony through subtle movements with an emphasis on meditation. Wear comfortable clothes and bring a blanket for comfort.

Day: Tuesday, 6:00 – 7:30 p.m.

Session I: 1/6 – 2/10

Activity # 4045.415

Session II: 2/17 – 3/24

Activity # 4046.415

Session III: 3/31 – 5/5

Activity # 4047.115

Session IV: 5/12 – 6/16

Activity # 4048.115

Fee per 6 week session: \$28; \$5 city resident discount

Location: Academy Recreation Center

Adult Fitness Classes

Vickie Fisher

A certified group fitness instructor, Vickie has taught through Parks & Recreation for over 13 years.



FITNASTICS

This low impact class incorporates resistance training with strength exercises using bands and weights. Bands furnished by the instructor. Bring your own 2 lb. weights, mat and water bottle.

Date: Tuesday & Thursday, 9:00 – 10:00 a.m.

Session I: 1/22 – 3/3 Activity # 4049.415

Session II: 3/5 – 4/14 Activity # 4053.415

Session II: 4/16 – 5/26 Activity # 4054.115

Fee per 6 week session: \$35; \$5 city resident discount.

Location: Hartsell Recreation Center

ZUMBA

This dynamic fitness format combines fast and slow rhythms to tone and sculpt the body.

Fee: \$3.00 per class except when instructed at a non-city facility.*

MONDAY & WEDNESDAY, 6:30 – 7:30 p.m.

Instructor: Michelle Briggs

Location: Logan Multipurpose Center

TUESDAY, 7:00 – 8:00 p.m.

Instructor: Ursula Barrier

Location: Logan Multipurpose Center

TUESDAY & THURSDAY, 8:00 – 9:00 p.m.

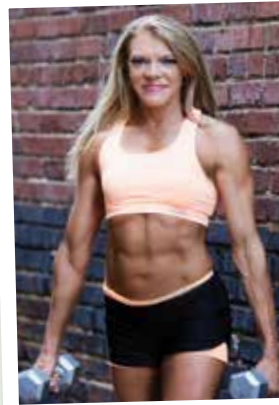
Instructor: Tuwanna McNeely.

Location: Hartsell Recreation Center

SATURDAY, 10:00 – 11:00 a.m.

Instructor: Ursula Barrier

Location: Logan Multipurpose Center



Joy Dry

AFAA Certified Personal Trainer & Group Fitness Instructor. All classes are in the Fitness Room at Academy Recreation Center.

TOTAL BODY SCULPT

(Formerly Total Body Strength Training)

A strength training class targeting major muscle groups for a total body workout using various

equipment and body weights. Cool down, stretch and ab/core exercises conclude each class. Weights provided. Great for all levels.

Day: Wednesday

5:30 – 6:30 p.m.

Session I: 1/7 – 2/11

Activity # 4055.415

Session II: 2/18 – 3/25

Activity # 4056.415

Session III: 4/8 – 5/13

Activity # 4057.115

Session IV: 5/20 – 6/24

Activity # 4058.115

Fee per 6 week session: \$25; \$5 city resident discount

Location: Academy Recreation Center

BOOT CAMP IN THE PARK

This outdoor extreme fitness class will focus on levels of exercise incorporating cardio drills, resistance training with your body weight and core workouts. Medical clearance required for those over 40 years of age. Bring bottled water, mat or towel and a pair of hand weights. Must be 18 years of age. Min. 5 participants.

Days: Monday, Wednesday & Thursday

5:00 – 6:00 a.m. (9 classes per session)

Session I: 1/5 – 1/22

Activity # 8081.415

Session II: 1/26 – 2/12

Activity # 8082.415

Session III: 2/16 – 3/5

Activity # 8083.415

Session IV: 3/9 – 3/26

Activity # 8084.415

Session V: 4/6 – 4/23

Activity # 8085.115

Session VI: 4/27 – 5/14

Activity # 8086.115

Session VII: 5/18 – 6/4

Activity # 8087.115

Fee per session: \$40; \$5 city resident discount

Location: Les Myers Park Ball Field

FIT & FABULOUS

Activity # 4059.415

Stay fit and fabulous with this great group of senior adults. Enjoy walking, range of motion, strength exercises and fellowship. Monthly luncheons, local trips and an occasional surprise are included.

Instructor: Dawn Grant

Day: Wednesday, 10:00 – 11:00 a.m.

1/7 – 5/27

Fee: \$10; \$5 city resident discount

Location: Academy Recreation Center



Special Interest



What is Youth Council and who is in it?

High school students, living in or going to school in Cabarrus County, are invited to apply to Concord Youth Council. This service-oriented organization is comprised of students who learn leadership skills and responsibility through events, programs and community service projects available throughout the year.

When do they meet?

Meetings are held on two Monday nights during the school year but projects continue the entire year. Continued participation is based on points earned each semester.

So why join?

To meet new people your age from other schools in Cabarrus County, gain leadership opportunities, get a cool t-shirt, create memories and have loads of fun!

How do I apply?

Now is the perfect time to apply, as applications are due by May 1. Membership is very competitive! Students entering grades 9, 10 & 11 for the 2015-2016 school year may submit an application. It can be found on the Youth Council web page on the City website, www.concordnc.gov. Or contact advisor Debbie Littlefield, 704-920-5615 or littlefd@concordnc.gov

PIN SPLITTERS

Activity # 8013.414

Pin Splitters is a bowling league designed for individuals with developmental disabilities. Participants will gain skills in league play, competition, socialize with friends and be active!

Date: Saturday, 1/17 – 3/7; Pre-register by 1/10
5:00 – 7:00 p.m.

Registration fee: \$15; \$5 city resident discount
Weekly fee: \$9, payable to Foxfire Lanes. Includes 3 games and shoes.

Location: Foxfire Lanes, 225 Security St., Kannapolis



CAROLINA SHAG DANCE CLASS

Learn the fundamentals of the dance that originated in the Carolinas. Open to singles and couples. Min. 10 participants. MUST pre-register.

Instructor: Patty Blackmon

JANUARY Session: Thursday, 1/8 – 1/29

BEGINNERS: 6:30 – 7:30 p.m.

Activity # 8062.415

INTERMEDIATE: 7:30 – 8:30 p.m.

Activity # 8067.415

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8072.415

FEBRUARY Session: Thursday, 2/5 – 2/26

BEGINNERS: 6:30 – 7:30 p.m.

Activity # 8063.415

INTERMEDIATE: 7:30 – 8:30 p.m.

Activity # 8068.415

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8073.415

MARCH Session: Thursday, 3/5 – 3/26

BEGINNERS: 6:30 – 7:30 p.m.

Activity # 8064.415

INTERMEDIATE: 7:30 – 8:30 p.m.

Activity # 8069.415

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8074.415

APRIL Session: Thursday, 4/9 – 4/30

BEGINNERS: 6:30 – 7:30 p.m.

Activity # 8065.115

INTERMEDIATE: 7:30 – 8:30 p.m.

Activity # 8070.115

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8075.115

MAY Session: Thursday, 5/7 – 5/28

BEGINNERS: 6:30 – 7:30 p.m.

Activity # 8066.115

INTERMEDIATE: 7:30 – 8:30 p.m.

Activity # 8071.115

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8076.115

Fee per session: \$40, \$5 city resident discount

Location: Academy Recreation Center



SPRING INTO ARTS

Date: Saturday, 5/2

10:00 a.m. – 4:00 p.m.

Location: Downtown Concord

Come enjoy performing and visual artists in the streets of beautiful historic Concord. Offerings include art vendors, music, food and Creation Station, a children's hand-on activity area. Contact Concord Downtown Development Corporation and 704.784.4208 for more information.

REGISTRATION PROCESS

Registration is on a first-come, first-served basis. Fees are due and payable upon registration. A registration form for our classes is included below. A signed registration form is required for participation in all programs. Please note: Summer Playground, Athletic Programs and Special Events require different registration forms. Please call for the appropriate form or download from our web site at www.concordparksandrec.org.

There are three ways you can register for classes or programs:

1 Mail: Complete this registration form, include payment and mail to:
Concord Parks & Recreation Department
P.O. Box 308, Concord, NC 28026-0308

2 Online: For your convenience, some classes and programs are now available through online registration. Please visit our web site at www.concordparksandrec.org to see if online registration is available for your class or program. Online registration payment can be made with your credit or debit card. A user fee is applied to online charge payments.

3 Walk-in: Complete this registration form and bring with payment to:
Academy Recreation Center
147 Academy Avenue NW,
Concord, NC 28025

City Resident Discount: Many of our activities and programs offer discounts to City of Concord Residents due to contributions to the local tax base. If a discount is offered, it is shown as a City Resident Discount, and if applicable, this amount will be deducted from the program fee as indicated. This discount applies to registration fees and not to supplies, materials, equipment, etc. You are a resident if you reside within the City Limits of Concord. If you are still not sure please call 704.920.5600. Please call 704.920.5600 or email us at recreation@concordnc.gov if you have any questions or concerns.

MAILING ADDRESS:

Concord Parks & Recreation
P. O. Box 308
Concord, NC 28026-0308
147 Academy Avenue, NW
Tel. 704.920.5600 | Fax 704.792.1971
www.concordparksandrec.org

CITY OF CONCORD PARK & FACILITIES

Administrative Office • 704.920.5600
147 Academy Avenue, NW

Academy Recreation Center • 704.920.5601
147 Academy Avenue, NW

Beverly Hills Park • 704.920.5601
631 Miramar Street, NE

Marvin Caldwell Park • 704.920.5603
362 Georgia Street, SW

James L. Dorton Park • 704.920.5602
5790 Poplar Tent Road

Gibson Field
704.784.2616 or 704.920.5617
321 Misenheimer Avenue, NW

Hartsell Recreation Center • 704.920.5602
60 Hartsell School Road

Hartsell Field Complex
704.788.9325 or 704.920.5617
30 Swink Street, NW

Hartsell Park • 704.920.5602
65 Sunderland Road

Lake Fisher Reservoir Boat Rentals
704.920.5618 or 704.938.1327
5099 Lake Fisher Road
(Seasonal) March-October

Logan Multi-Purpose Center • 704.920.5603
184 Booker St., SW

McAllister Field
704.786.0157 or 704.920.5617
160 Crowell Drive, NW

Harold B. McEachern Greenway
704.920.5600

Enter at Les Myers Park or
J. W. McGee, Jr. Park

The Village Greenway • 704.920.5601
175 Academy Avenue, NW

J. W. "Mickey" McGee, Jr. Park
704.920.5601
219 Corban Avenue, East

John F. McInnis Aquatic Center
704.785.8105
151 Academy Avenue, NW
(Seasonal, May-August)

Les Myers Park • 704.920.5601
338 Lawndale Avenue

Rocky River Golf Club at Concord
704.455.1200
6500 Bruton Smith Blvd.

W. W. Flowe Park • 704.920.5603
99 Central Heights Drive

Webb Field
704.786.8406 or 704.920.5617
165 Academy Avenue, NW

PARKS HOURS:

April - October

Open daily from 8:00 a.m. until 9:00 p.m.
Lighted field and court facilities
close at 11:00 p.m.

November - March

Open daily from 8:00 a.m. until 7:00 p.m.
Lighted field and court facilities
close at 10:00 p.m.

Registration Form (PLEASE PRINT)

Participant's Name _____

Home Phone _____

Work Phone _____

Cell Phone _____

Do you want to receive texts? Yes ☐ No ☐

Address _____

City _____ State _____ Zip _____

Email _____

Activity/Trip _____

Activity/Trip Site _____

Dates: From _____ To _____

Time: _____ (am/pm) on M T W TH F SAT SUN (PLEASE CIRCLE)

I agree to release and hold harmless the City of Concord and its staff from any and all claims for personal injury, property loss or any other loss that may arise out of or during participation in this program. I understand that pre-registration in my class is on a first-come, first-served basis, and that the Concord Parks & Recreation Department, its staff, facilities, and instructors will not be held responsible for any injury or loss that might occur in the course of the program. The department reserves the right to cancel or modify programs due to enrollment, weather or other situations that are deemed necessary. Refunds may be made in cases in which changes in class day, time or site prevent participation. I understand that photographs may be taken during the program for departmental use. Registration fee is enclosed (if applicable).

Registrant's Signature _____

(Parent's signature if registrant is under 18)

Residency (PLEASE CHECK ONE) City of Concord Resident ☐ Non-Resident ☐

Date _____ Fee Enclosed _____

Please make check payable to City of Concord

Online Easter Egg Hunt

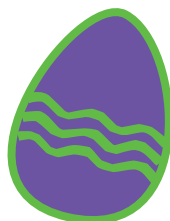
Visit our website

www.concordparksandrec.org

Thursday, March 26, 1:00 p.m.

through

Tuesday, March 31, 12:00 midnight



Look for the hidden Easter Egg

The Easter Egg could be hidden anywhere, on any page, or hidden in photos. When you find the egg, click on it and fill out the form to be entered to win our Easter Basket filled with goodies!

We will draw one name from the entries and announce the winner on our Facebook page by 1:00 p.m. on Wednesday, April 1.

Open to residents of Cabarrus County. One entry per person.

Easter basket will need to be picked up at the Parks and Recreation office. We cannot ship it.



We hope Leisure Times gives you an insight into what Concord Parks & Recreation offers this year. The thrust of each publication is to be a convenient reference to assist you in making selections for a healthy life style.

We now offer text messaging to you so that you may stay current on programs and athletic changes.



Stay updated on new programs and events by liking us on

Facebook: www.facebook.com/concordncparksandrec



Feel free to contact us or visit our website if you have any questions concerning our facilities. You can

find our contact information in this issue or on our website www.concordparksandrec.org.



We look forward to seeing you in our parks and on our greenways.